

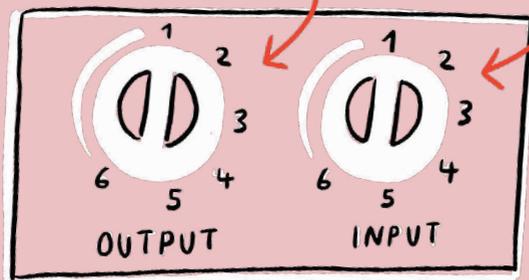
# HEATERS

This leaflet explains how to use night storage and plug in heaters to ensure you're getting the best value from your heating.

## NIGHT STORAGE HEATERS

Night storage heaters use electricity overnight to store up heat to be used the next day.

- The **input dial** sets how much heat it is going to store up overnight (and how much electricity it is going to use).
- The **output dial** sets how much heat it is going to release.



If you don't need any heating, switch your storage heater **off** at the plug to save electricity

Often night storage heaters have an **Economy 7 tariff**, where you pay a cheaper **low** rate for electricity overnight than you do during the **normal** day rate. You should see two numbers on your **electricity meter** - 'low' and 'normal'.



## SETTING THE CONTROLS

### Before bed...

Think about how much heat you're going to need the next day - if you need a lot, turn the **input dial** up to high.

If it's not so cold or you're going to be out a lot, a middle or low setting should be fine. Always turn the **output dial** as low as possible before bed - the heater will warm up anyway, and if the output is on you will lose a lot of the heat overnight.

## In the day...

The next day, you can change the output depending on how much heat you want to release. Remember, there is only a limited amount of heat stored up, so if you want to keep some for later on, make sure you don't turn it up too high too early.

*Note: Some very modern storage heaters have a digital display. If you are struggling, see our 'Help for your Energy' leaflet for places that can help.*



# PLUG IN ELECTRIC HEATERS



PLUG IN  
ELECTRIC  
HEATER

Sometimes people use **plug in heaters** or **radiators** if they don't have central heating or to boost their heating.

These tend to be **the most expensive way** of heating a home, particularly if you have an Economy 7 tariff and pay more for your electricity during the day.

It is usually best to use your heating system to its full capacity before turning these on.

An electric plug in heater generally costs between **17p-36p an hour**

A halogen heater costs **17p-22p per hour**

A fan heater costs **28p-36p an hour**



For details of the energy usage of different types of portable heater, visit: [www.cse.org.uk/advice/advice-and-support/room-heaters](http://www.cse.org.uk/advice/advice-and-support/room-heaters)