

# Recycling



We can all do our bit....

***“Half the problem is knowing what can be recycled  
- this simple guide will help you go green...”***

## Bulk Waste

**If you need to get rid of furniture, electrical appliances or other items too big for the normal refuse collection, the Council can help.**

All residents are entitled to **TWO FREE** collections of **UP TO FIVE** items of bulky waste per year. Simply call **020 7364 5004** or visit

**[www.towerhamlets.gov.uk/recycling](http://www.towerhamlets.gov.uk/recycling)** to arrange your collection.

Once you have used your two free collections - you can book extra pick-ups - but there will be a charge.

If you are registered disabled or are a senior citizen, there is no charge and all collections are free.

At the Council's Reuse & Recycling Centre in Northumberland Wharf, residents can recycle all the items shown. Since July 2007 all electrical products brought onto site, such as kettles, toasters and old PCs will also be sent for recycling.

### Location

**Yabsley Street  
off Prestons Road, E14**

### Opening Times

**Monday-Friday 8:00am - 8:00pm**

**Saturday & Sunday**

**9:00am - 6:00pm**

car batteries	mixed glass
used engine oil	large appliances
scrap metal	fridges & freezers
steel cans	appliances
wood & timber	batteries
paint	fluorescent tubes
furniture	telecoms & computers
mixed textiles & clothes	mixed paper & card
gas bottles	newspapers & magazines
plastic bottles	garden waste



## Introducing you to recycling

Did you know that every year UK households produce 34 million tonnes of rubbish? That's enough to cover every Premiership football pitch to the depth of 100ft! And most of that rubbish ends up in landfill sites.

Recycling in Tower Hamlets is increasing year after year and at EastendHomes we aim to be part of this. By providing recycling facilities on our estates and making sure you are aware of Council facilities we can help to achieve an increasing amount of recycling.

Recycling at home  
**Recycling at home**

### Local Recycling points

There are over 50 local recycling points throughout the Borough - these are often at supermarkets and other central locations. They all have containers for mixed recyclables and accept the same materials collected from your home (see pictures).

In addition, some sites have charity containers for textiles, clothes and shoes.

### Nappies

Nearly 3 million disposable nappies are thrown away in the UK each year. In Tower Hamlets, disposable nappies account for 5% of dustbin rubbish - costing around £250,000 to dispose of.

Modern washable nappies are made from soft, natural materials such as cotton, hemp, wool and amazingly, bamboo! They use Velcro and poppers so are quick and easy to fit and are much cheaper than using disposables - you can save up to £500 per baby if you wash and re-use your own nappies.



## Recycling tips:

- ♣ All collections are made weekly- Please put your recycling out by 7:30am on the collection day
- ♣ To check your collection day—contact the Council on 020 7364 5004
- ♣ All recyclable items can be mixed together for ease
- ♣ Please rinse out food and drink containers before recycling
- ♣ Pink recycling bags are delivered twice a year - for more bags, please contact the Council
- ♣ If your collection has not been made by 4:00pm - contact the Council
- ♣ Recycling systems vary - in flats the best way is to put out your rubbish in pink sacks, green boxes or carrier bags.
- ♣ Some flats will have use of shared purple wheeled bins
- ♣ All houses will have a kerbside collection and you can place your recyclables in a pink sack, green box or carrier bag.



### Meeting your needs

#### Language Options and translations

This leaflet is available in English and can be requested in Bengali, Somali, Braille, Large Print and Audio Tape

To request a different format, please contact your local housing Centre.

### Junk Mail

Eliminate almost all your junk mail. To opt out of receiving unaddressed mail delivered by the Royal Mail, email your name and address to:  
**optout@royalmail.com**

You can also register with the Mailing Preference Service for free by visiting  
**www.mpsonline.org.uk** or  
call **0845 703 4599**

## How to contact us:

### **Mile End Housing Centre**

38 Wager Street, E3 4JE

Email: [mileend@eastendhomes.net](mailto:mileend@eastendhomes.net)

Tel: 0208 880 7055, Fax: 0208 880 7810

### **Island Gardens Neighbourhood Centre**

137 Manchester Road, E14 3DN

Email: [islandgardens@eastendhomes.net](mailto:islandgardens@eastendhomes.net)

Tel: 0207 538 2340, Fax: 0207 537 0512/507055

### **St Georges Housing Centre**

#### ***incorporating Glamis***

61a Swedenborg Gardens, E1 8HP

Email: [stgeorges&glamis@eastendhomes.net](mailto:stgeorges&glamis@eastendhomes.net)

Tel: 0207 680 8640 or Freephone: 0800 028 1587

Fax: 0207 680 86410

### **Holland Housing Centre**

35 Commercial Street E1 6BD

Email: [holland@eastendhomes.net](mailto:holland@eastendhomes.net)

Tel: 0207 456 6700, Fax: 0207 456 67310/7456

